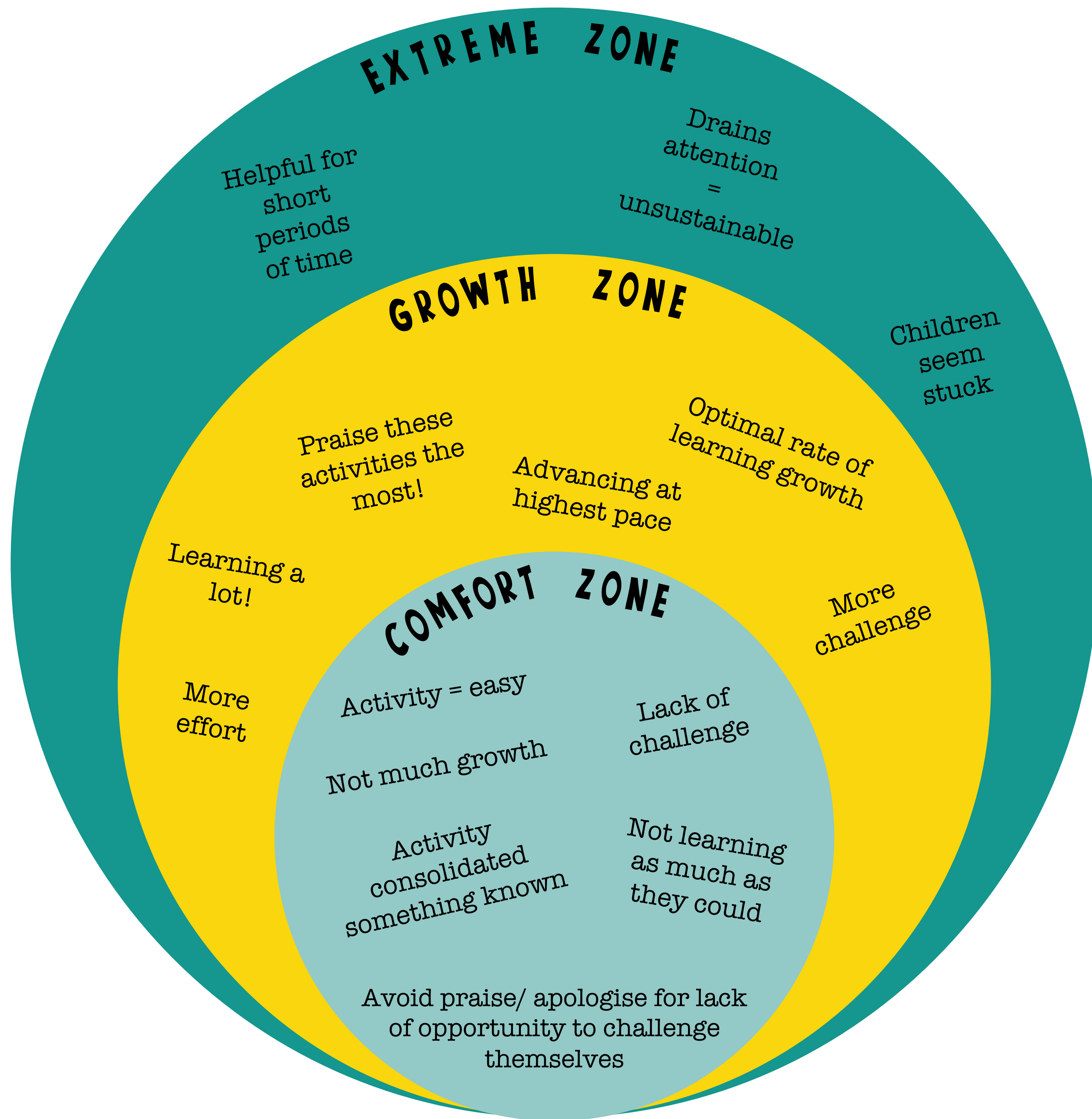
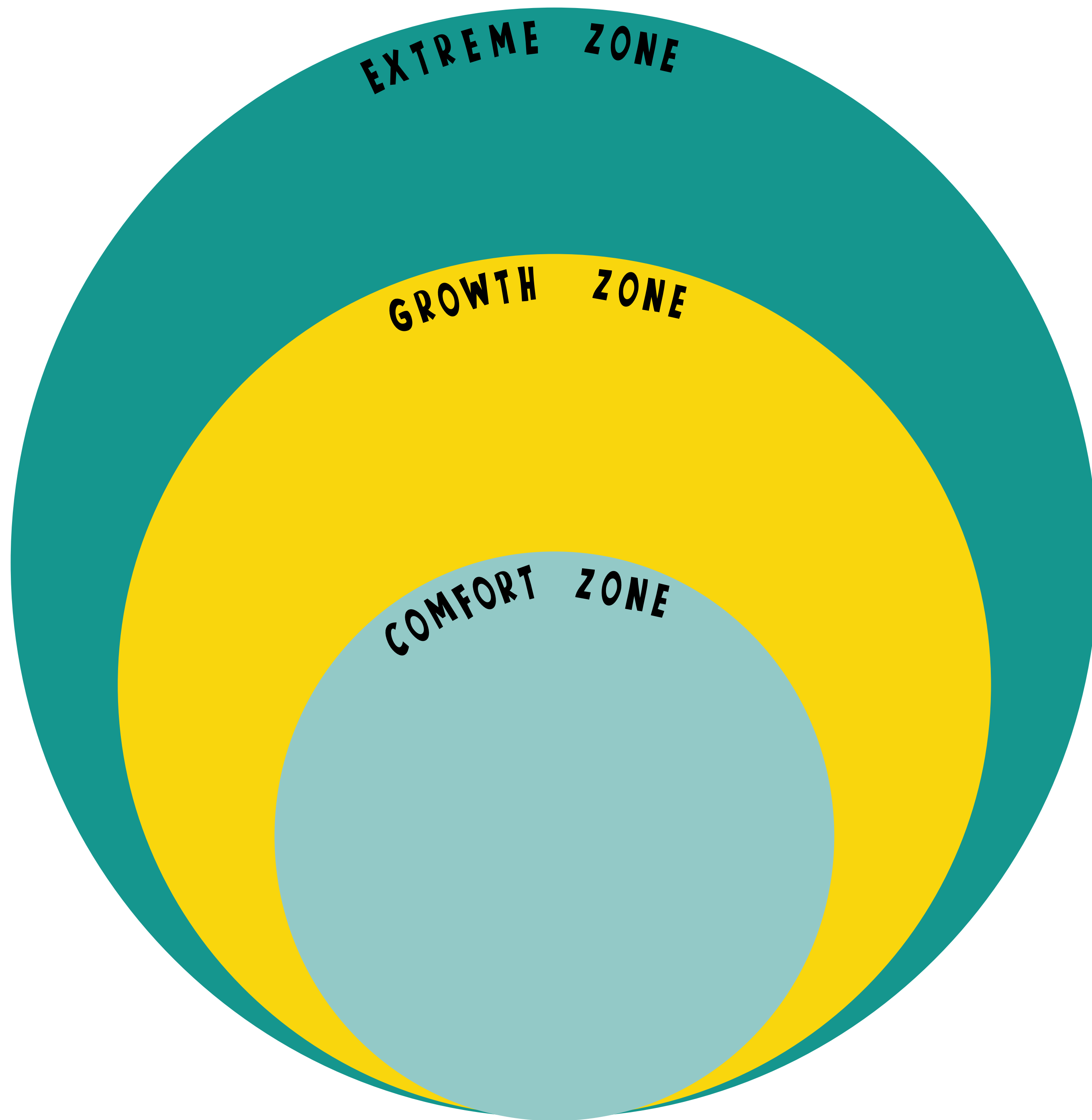


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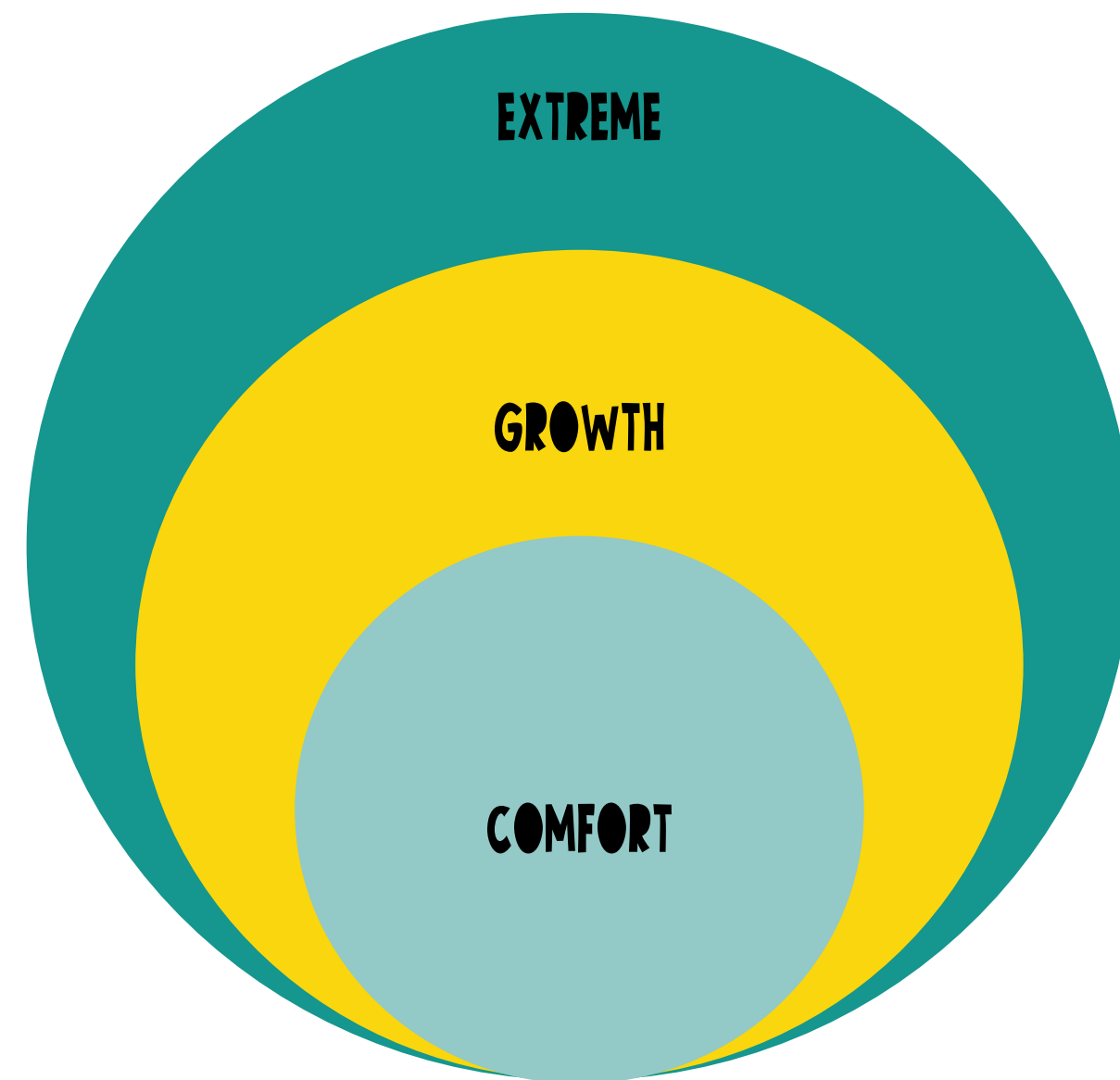


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Make your own Effort Zones Display in your classroom!

Cut out 3 circles in different colours (1 big enough to fill most of the display and the other 2 smaller than the previous).
The biggest circle is the **EXTREME ZONE**, next the **GROWTH ZONE** and the smallest circle the **COMFORT ZONE**.



Having this model will give the children a clear understanding as well as developing a consistent language that can be used in class working.

Important to teach the value of effort as the children will push themselves not only in the classroom but in different areas of their life.

Use these during discussions. They can be used as a working display, adding to them in each discussion.

Change the children's mindset around challenge! They will look for challenge rather than avoid it!

