

ACTS OF KINDNESS



Resources included in this document:

★ **'Can I just tell you that...'** note cards

- ◆ these note cards can be cut out, decorated and then glued together
- ◆ add a note to give to a friend, teacher or family member

★ **Kindness Bookmarks**

- ◆ cut out, decorate and give to a friend, teacher or family member (best when laminated!)
- ◆ teachers - you can create your own bookmarks with different quotes or phrases or give your children the opportunity to think of something kind to say!

★ **Act of Kindness Cards**

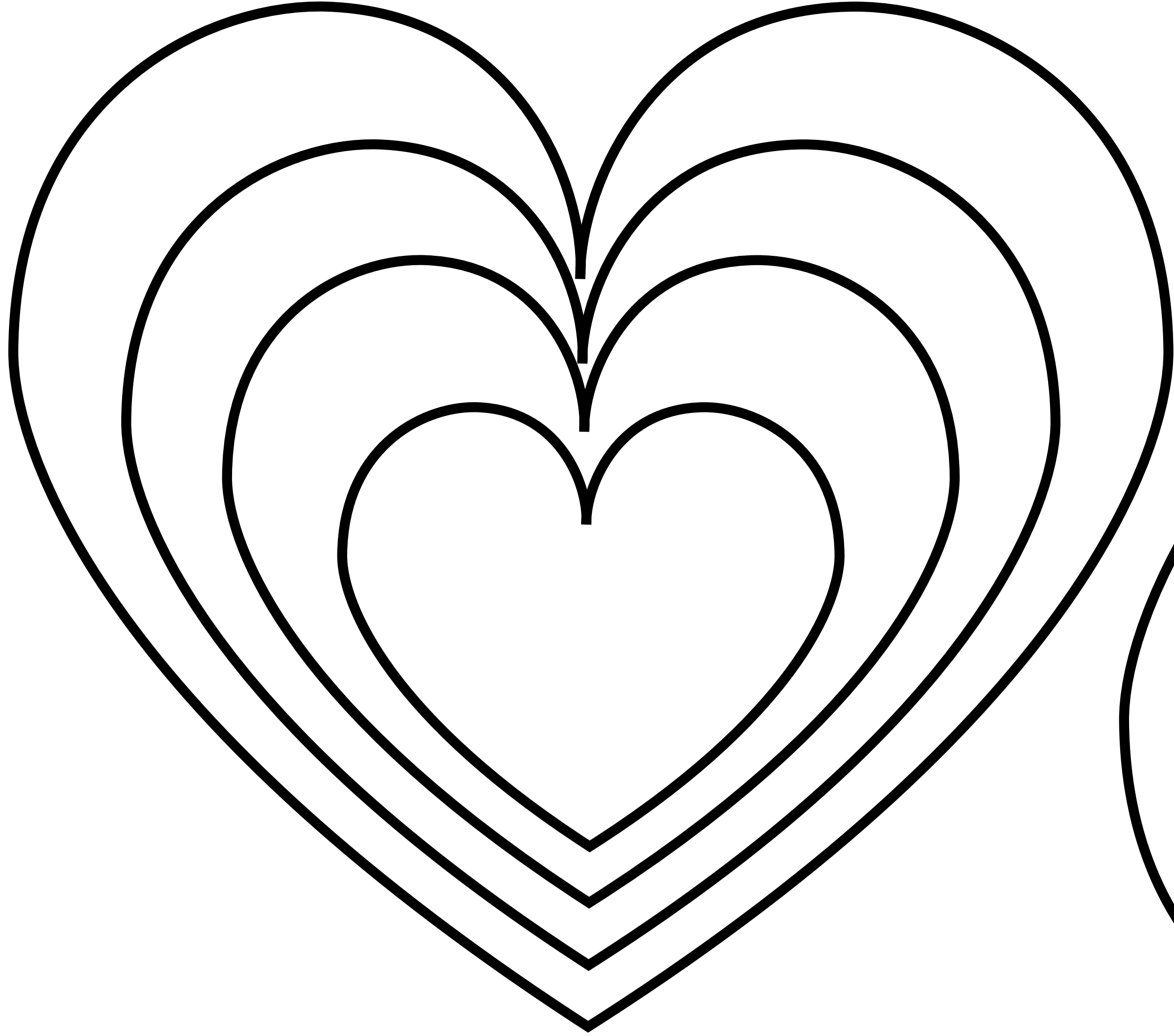
- ◆ Duplicate these cards - and/or add your own- so there is enough for each child in your class
- ◆ Cut them up and fold them into a jar
- ◆ Each day have a few children pick an act out of the jar to complete during the day
- ◆ there are some blank cards so you can add your own- for 'today' and 'this week' tasks



you are a good friend because you
are always there when I need you

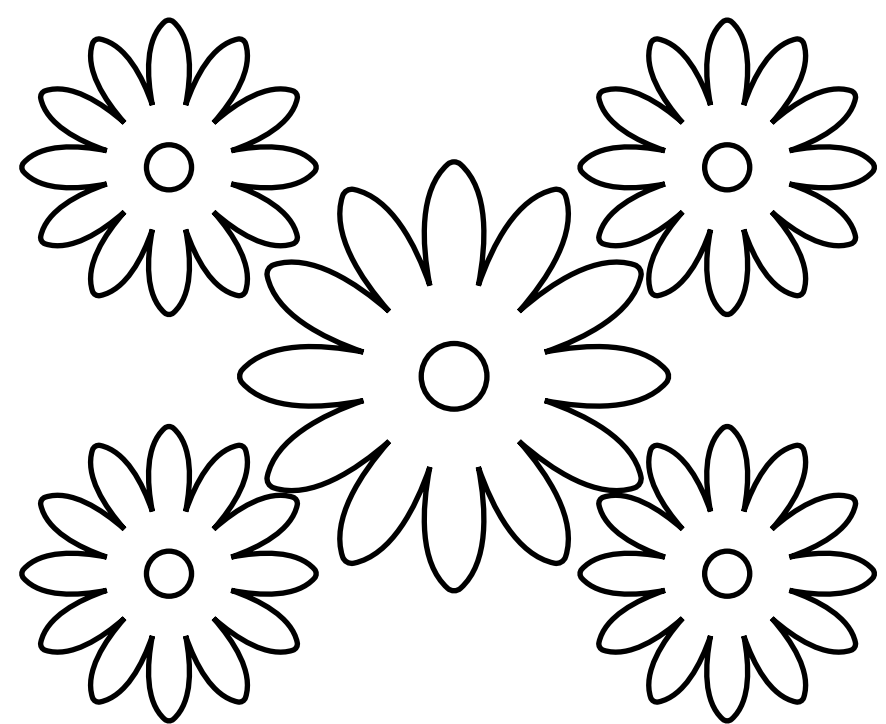
Can I just tell
you that...

GLUE ME
HERE!

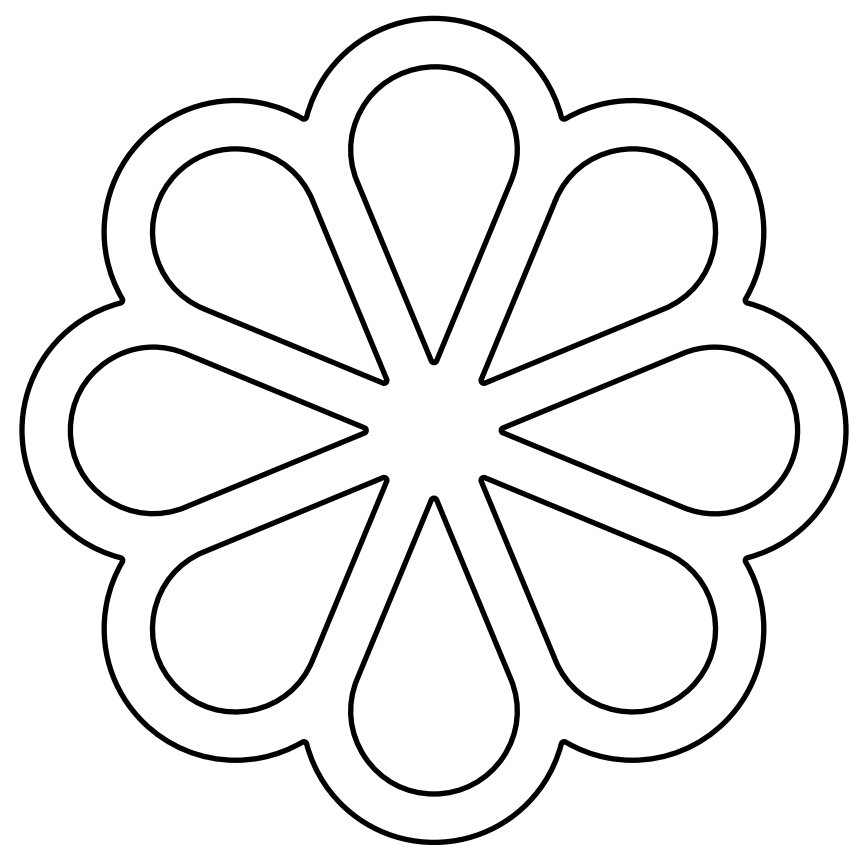


Can I just tell
you that...

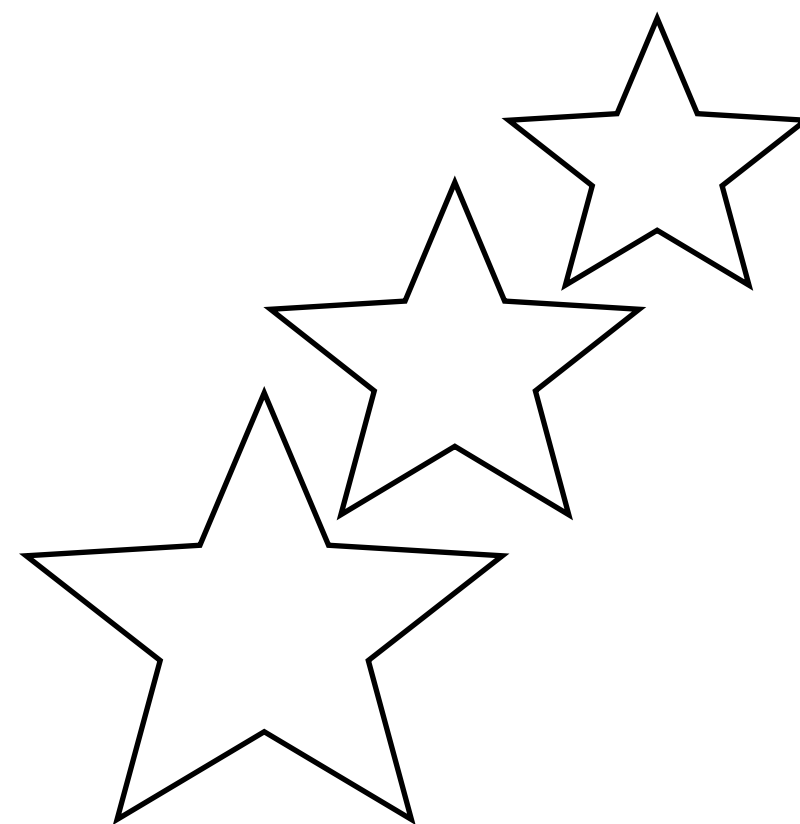
GLUE ME
HERE!



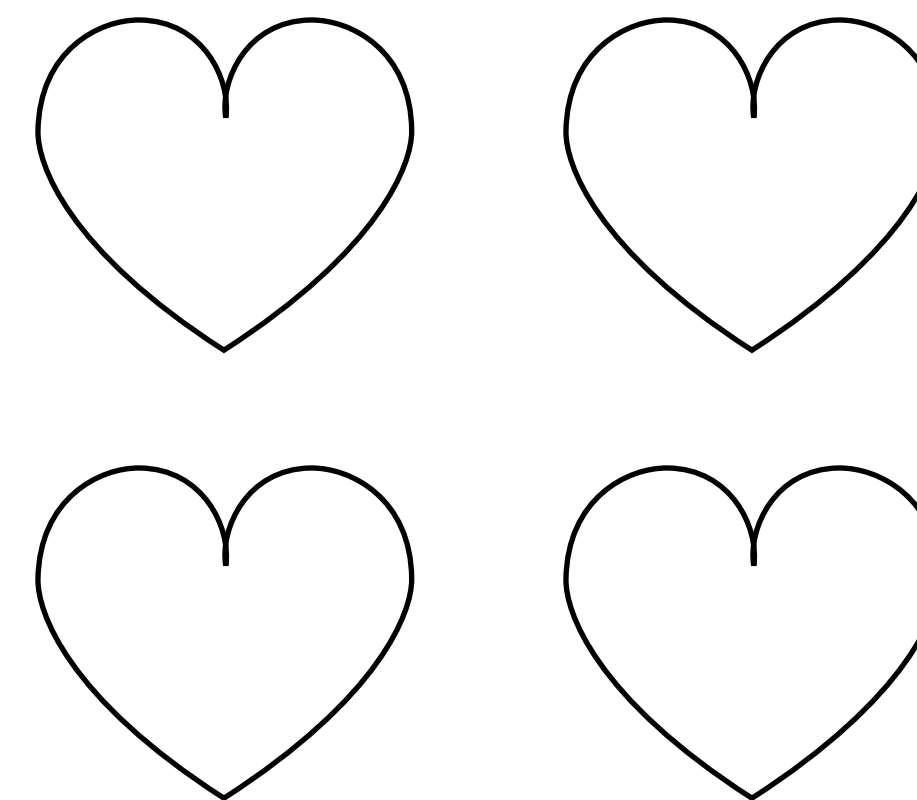
You are a
good friend
because
you are
there when
I need you.



YOU ARE A
HARD
WORKER!

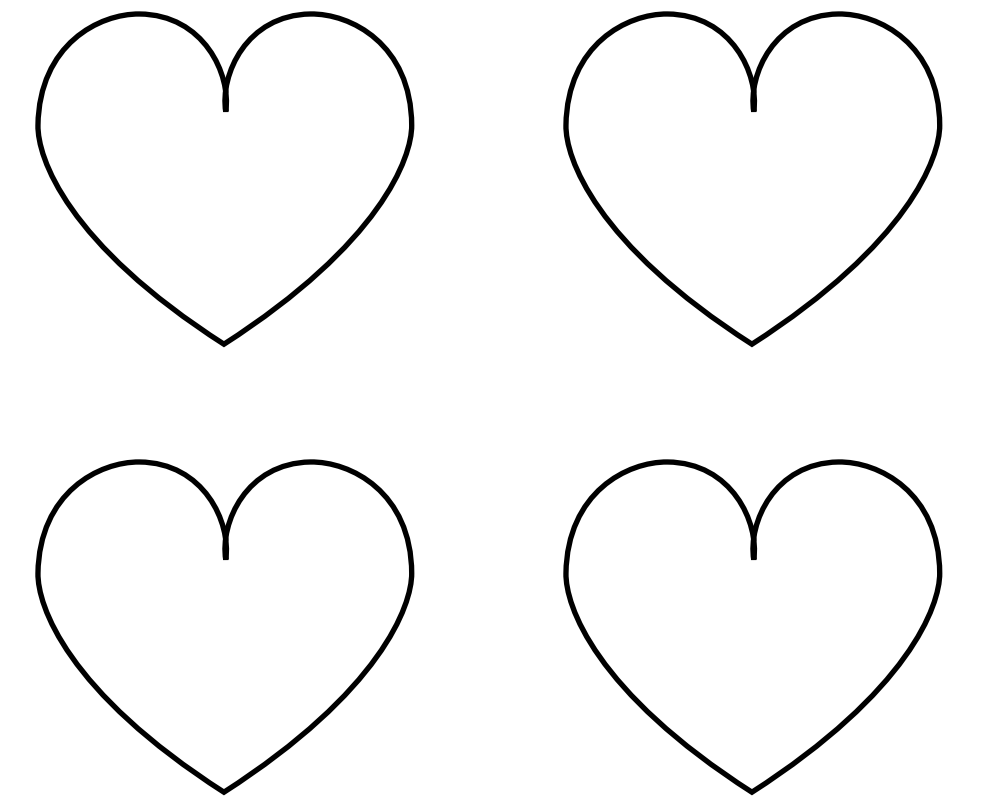
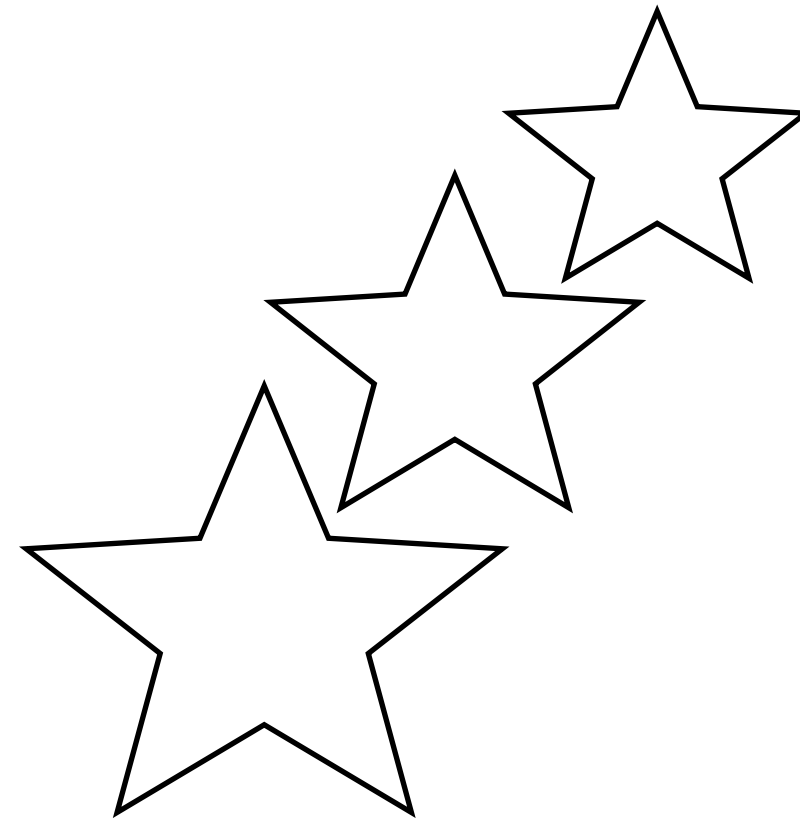
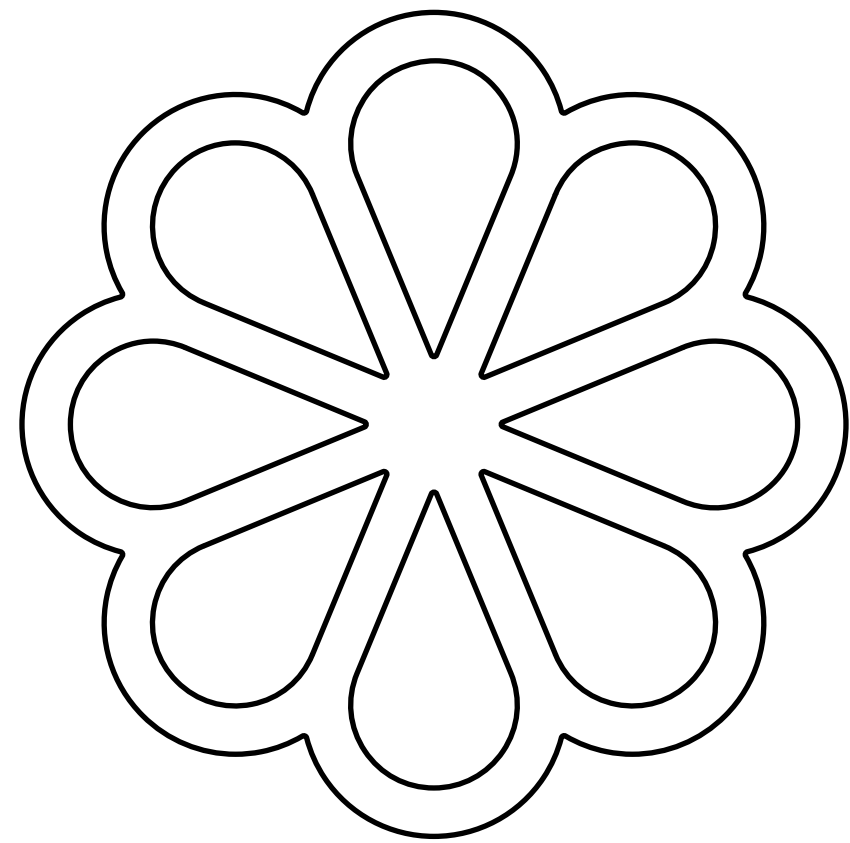
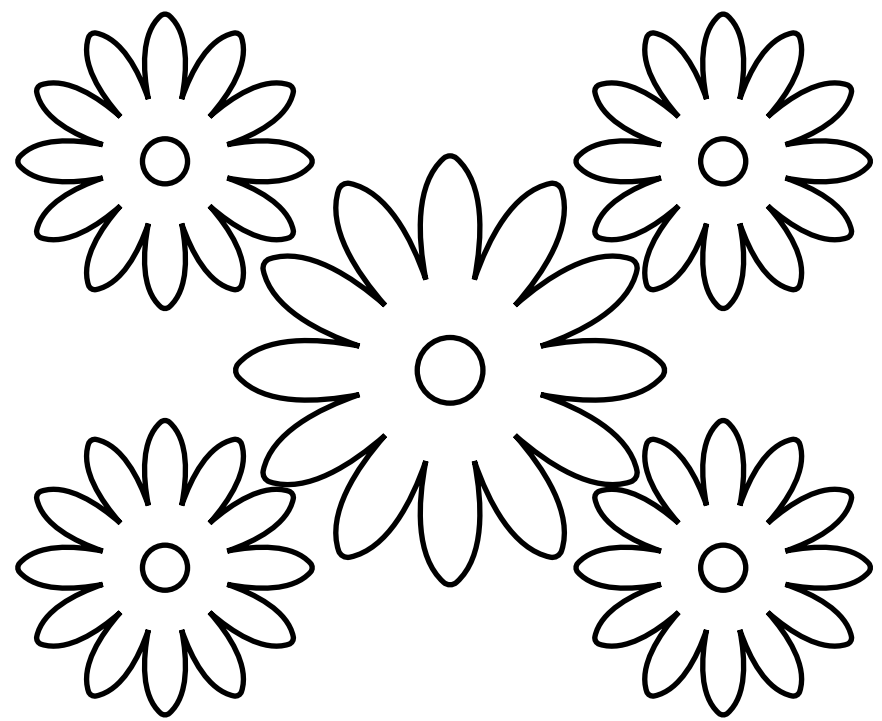


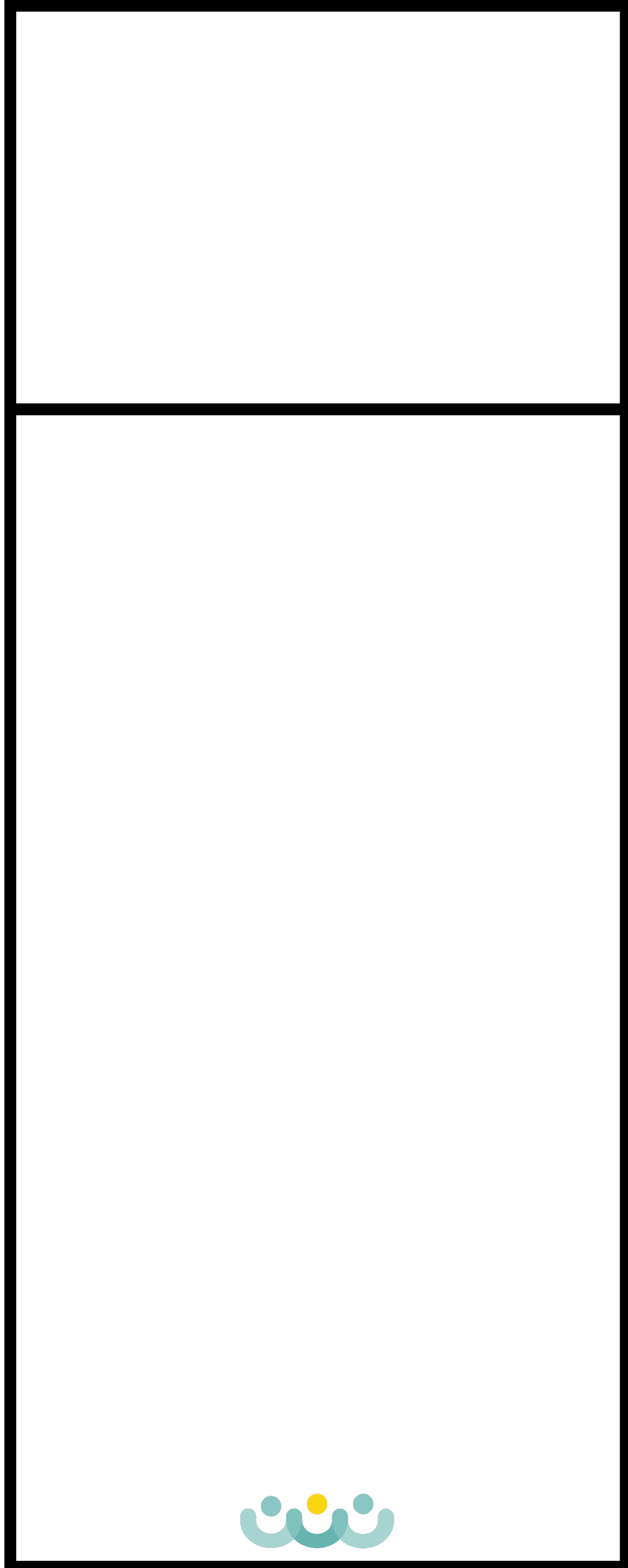
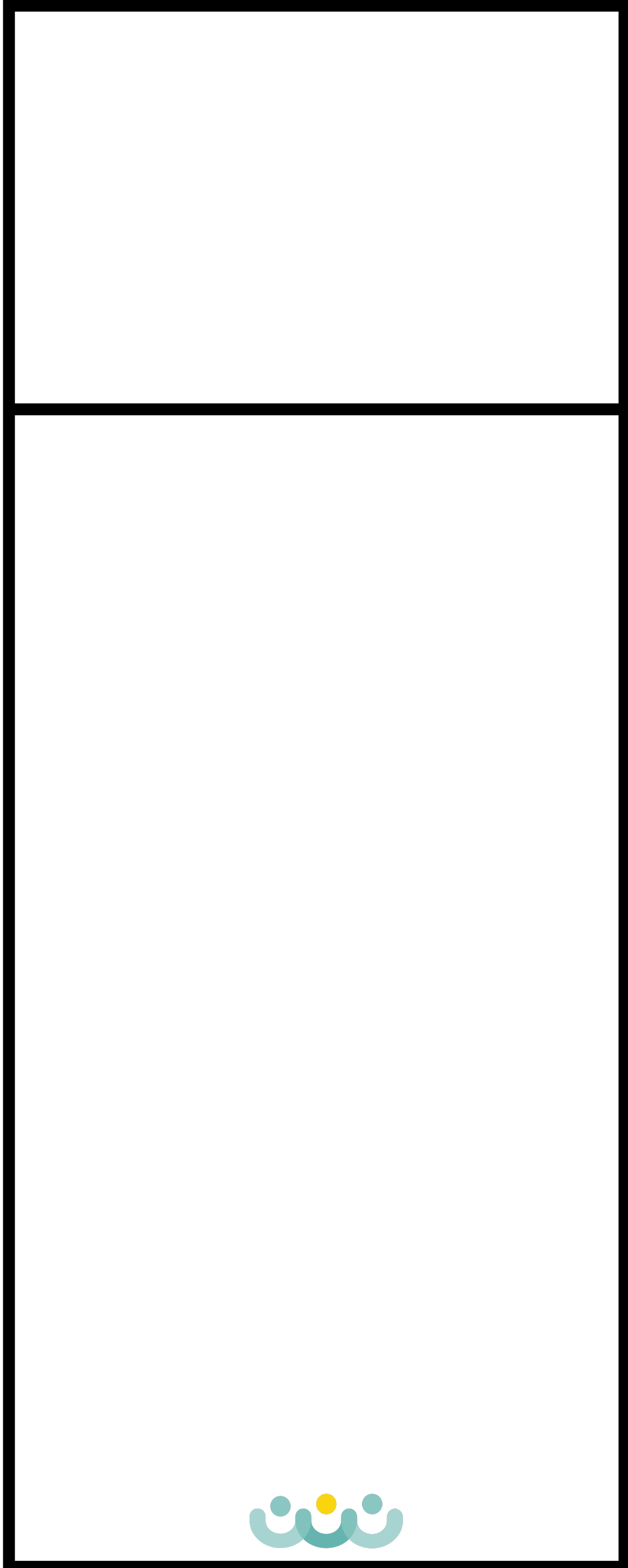
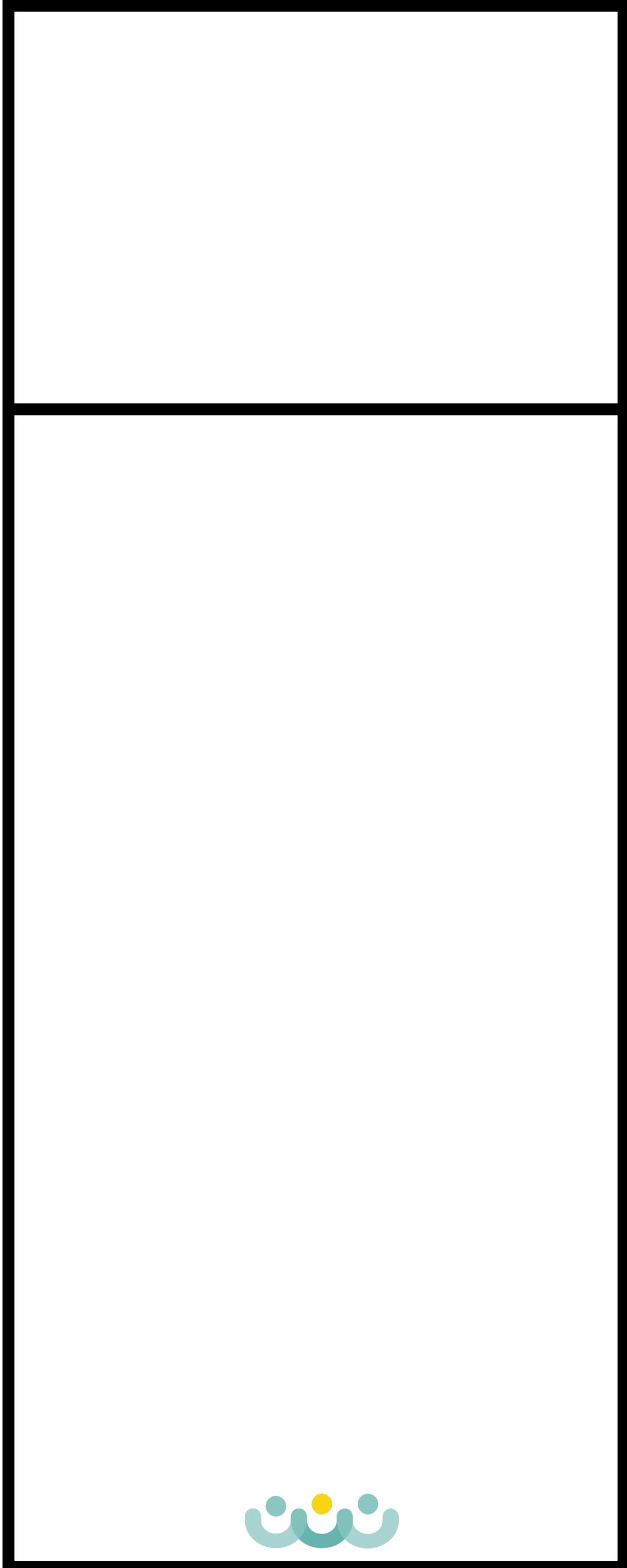
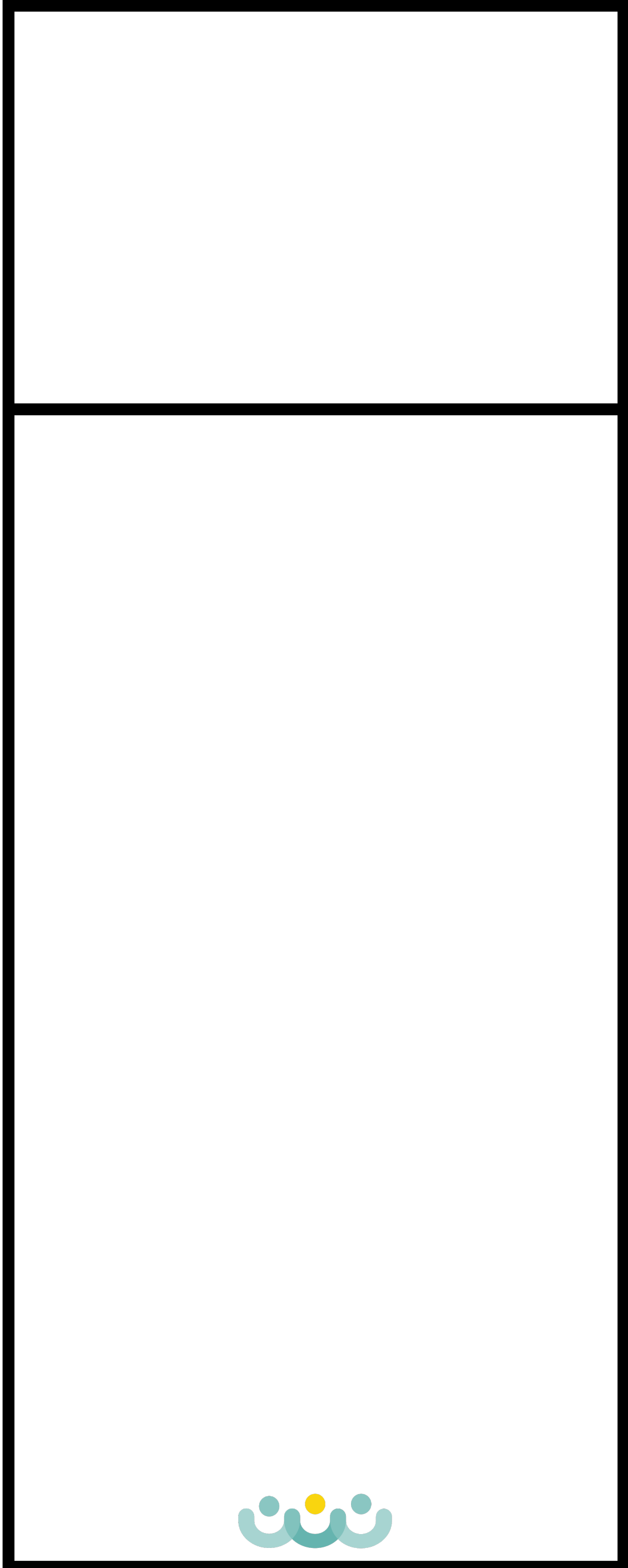
YOU ARE A
GOOD
LISTENER!



**You
can do
it!**



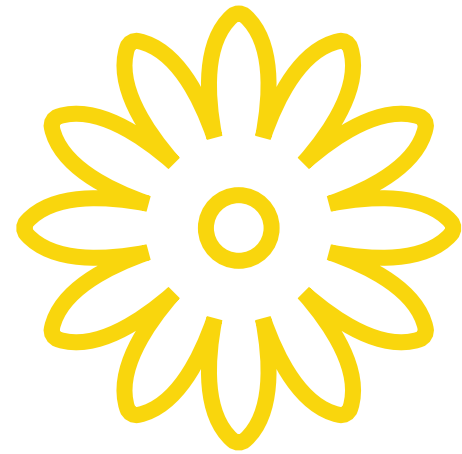




MY ACT OF KINDNESS FOR TODAY IS...



hold a door open
for somebody.



MY ACT OF KINDNESS FOR TODAY IS...



pick up some litter
on the playground
and put it in the
bin.



MY ACT OF KINDNESS FOR TODAY IS...



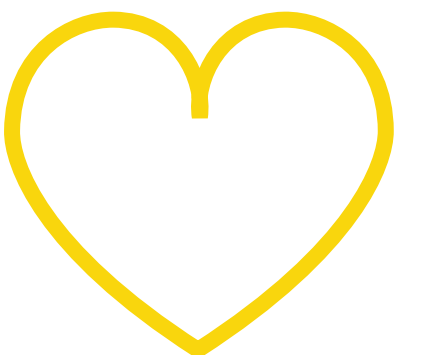
invite somebody
who is playing
alone to join in my
game.



MY ACT OF KINDNESS FOR TODAY IS...



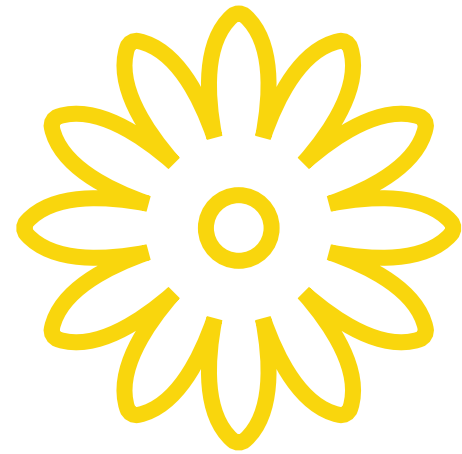
cheer someone up
who is feeling
down.



MY ACT OF KINDNESS FOR TODAY IS...



talk to someone
new in school.



MY ACT OF KINDNESS FOR TODAY IS...



tell somebody a
joke.



MY ACT OF KINDNESS FOR TODAY IS...



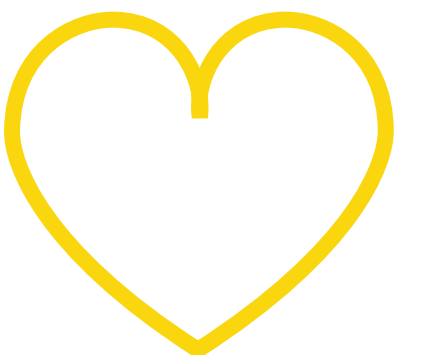
make somebody
smile.



MY ACT OF KINDNESS FOR TODAY IS...



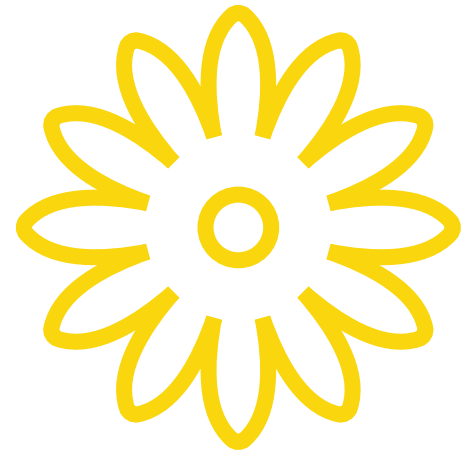
tell someone 1
thing you like
about them.



MY ACT OF KINDNESS FOR TODAY IS...



try to smile at
everyone - it's
contagious!



MY ACT OF KINDNESS FOR TODAY IS...



clean up after
somebody.



MY ACT OF KINDNESS FOR TODAY IS...



make somebody a
card telling them
what you like about
them.



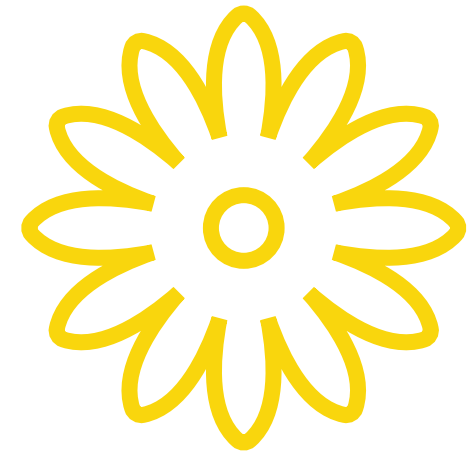
MY ACT OF KINDNESS FOR TODAY IS...



let somebody go
ahead of you in
line.



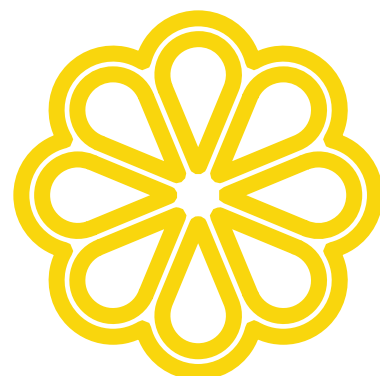
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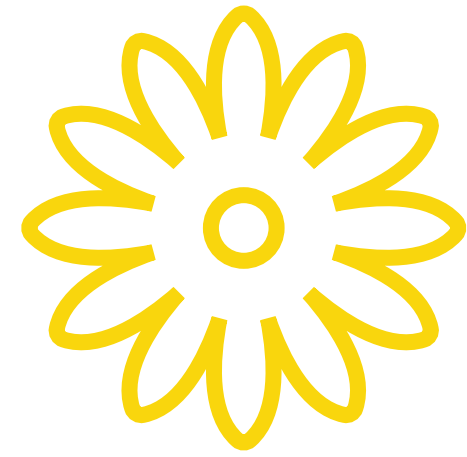
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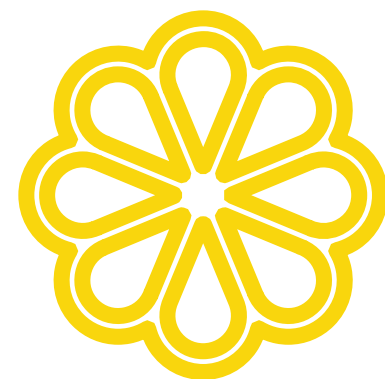
MY ACT OF KINDNESS FOR THIS WEEK IS...



MY ACT OF KINDNESS FOR THIS WEEK IS...



MY ACT OF KINDNESS FOR THIS WEEK IS...



MY ACT OF KINDNESS FOR THIS WEEK IS...

